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coming up . . .

Have you
had the
conversation?



How to talk with your kids about substances.

For parents of elementary school students.

Now is the time for families to begin important conversations about substance use, with special sensitivity toward young children.

- **September 26, 2018** - Norristown Area School District
- **October 11, 2018** - Spring-Ford Area School District
- **October 15, 2018** - Upper Dublin School District
- **October 17, 2018** - Upper Merion Area School District
- **Date TBD** - Colonial School District

**clearing
the air about
vaping**

For parents whose kids are any age.

Kids are wired to try new things. The current trend, both nationally and locally, is vaping. We'll discuss ways we can help kids to break away from cultural pressures.

Vaping can involve flavored liquids, nicotine, or cannabis. We'll learn about the implications of each.

- **September 25, 2018** - Upper Perkiomen School District
- **October 3, 2018** - Upper Moreland School District
- **October 9, 2018** - Souderton Area School District
- **October 18, 2018** - Perkiomen Valley School District



A Parents'
Guide to
Teenagers
& Substance Use

warning signs & communication skills

For parents of middle & high school students.

What are some of the most effective ways to keep our kids from using alcohol or other drugs? What are some signs that they might be drinking or experimenting with drugs?

There are important biological reasons that our kids take risks. We'll talk about how as parents, we can help to shape our kids' choices and raise successful young adults.

- **December 5, 2018** - Abington School District
- **March 13, 2019** - Hatboro-Horsham School District

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To register, or to learn more about any of the events listed above, visit conversation.zone/calendar

communitypartner



Montgomery County
Office of Drug & Alcohol